

JANUARY

2007

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
New Year's Day 1	2	3	4	5	6	7
8	9	10	11	12	13	14
15 6:30-8:30am Mysore	16 6:30-8:30am Mysore	17 6:30-8:30am Mysore	18 6:30-8:30am Mysore 9:30am Ashtanga 101 (2.5hr)	19	20 9:30am Lead Primary(2hr) 3pm Meditation (2 hours)	21
22 6:30pm Ashtanga Intensive 2 hour class	23 6:30pm Ashtanga Intensive 2 hour class	24 6:30pm Ashtanga Intensive 2 hour class	25 6:30pm Ashtanga Intensive 2 hour class	26	27	28
29	30	31				
					Notes:	